

Your Erickson Coach Training Journey

Here is our recommended pathway

Value \$200

Complete an Assessment

STEP



- **Objective:** To identify personal and professional aspirations, areas for improvement, and SMART goals.
- **Action:** Fill out a comprehensive assessment form that evaluates your strengths, weaknesses, aspirations, and potential areas for growth.

Value \$200

STEP



Coaching Session to Review Assessment Results

- **Objective:** To understand the assessment's outcomes and how they align with your career and personal growth.
- **Action:** Schedule and conduct a 90-minute coaching session where:
 - The coach reviews the assessment findings with you.
 - Discusses your core strengths and areas for improvement.
 - Assists in interpreting how these findings can influence your training choices.

Enroll in Training

STEP



- **Objective:** To develop the skills and knowledge needed to achieve your professional goals.
- **Action:** Based on the coaching session and assessment results, choose and enroll in the appropriate training program that aligns with your identified needs and aspirations.

Value | The learner may choose to use all the remaining credit (\$600) for their enrollment or use a portion of the credit to complete steps 4 and 5.

Value \$150

STEP



60-Minute Midway Touchpoint Conversation

- **Objective:** To evaluate progress towards goals and address any obstacles.
- **Action:** Halfway through the training program, have a 60-minute conversation with your coach to:
 - Assess progress towards your aspirations and goals.
 - Discuss any challenges or obstacles encountered.
 - Strategize on overcoming these obstacles.
 - Possibly adjust goals or action steps based on progress and insights gained.

Value \$150

60-Minute Final Touchpoint with Coach

STEP



- **Objective:** To review overall progress and plan next steps.
- **Action:** After completing the training, schedule a 60-minute session with your coach to:
 - Review how far you have come since the initial assessment and the start of the training.
 - Reflect on the skills and knowledge acquired.
 - Discuss how these accomplishments align with your initial goals and aspirations.
 - Plan what's next in terms of further development, additional training, or career advancement opportunities.

A learner may also choose to skip the above process altogether and apply their \$1000 credit towards any enrollment of their choice.